Staying Out Of The Grip Of Discouragement

I. Get your memory working for you!

- 2 Timothy 1:1-5
- 1 Paul, an apostle of Christ Jesus by the will of God, according to the promise of life that is in Christ Jesus,
- 2 To Timothy, my dear son: Grace, mercy and peace from God the Father and Christ Jesus our Lord.
- 3 I thank God, whom I serve, as my forefathers did, with a clear conscience, as night and day I constantly remember you in my prayers.
- 4 Recalling your tears, I long to see you, so that I may be filled with joy.
- 5 I have been reminded of your sincere faith, which first lived in your grandmother Lois and in your mother Eunice and, I am persuaded, now lives in you also.

II. Get the fire going!

- 2 Timothy 1:6-7-
- 6 For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands.
- 7 For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline.

III. Get in fear face!

- 2 Timothy 1:8-12-
- 8 So do not be ashamed to testify about our Lord, or ashamed of me his prisoner. But join with me in suffering for the gospel, by the power of God, 9 who has saved us and called us to a holy life—not because of anything we have done but because of his own purpose and grace. This grace was given us in Christ Jesus before the beginning of time,
- 10 but it has now been revealed through the appearing of our Savior, Christ Jesus, who has destroyed death and has brought life and immortality to light through the gospel.
- 11 And of this gospel I was appointed a herald and an apostle and a teacher.
- 12 That is why I am suffering as I am. Yet I am not ashamed, because I know whom I have believed, and am convinced that he is able to guard what I have entrusted to him for that day.

IV. Get your faith stronger!

- 2 Timothy 1:13-14
- 13 What you heard from me, keep as the pattern of sound teaching, with faith and love in Christ Jesus.
- 14 Guard the good deposit that was entrusted to you—guard it with the help of the Holy Spirit who lives in us.

V. Get some friends with like precious faith!

- 2 Timothy 1:15-18
- 15 You know that everyone in the province of Asia has deserted me, including Phygelus and Hermogenes.
- 16 May the Lord show mercy to the household of Onesiphorus, because he often refreshed me and was not ashamed of my chains.
- 17 On the contrary, when he was in Rome, he searched hard for me until he found me.
- 18 May the Lord grant that he will find mercy from the Lord on that day! You know very well in how many ways he helped me in Ephesus.